Track: 2022-02-24 Rifugio Sebastiani	**IBP = 80 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	14.46 Km
Analyzed distance	14.46 Km
Lineal distance	0.01 Km

Accumulated climb	592.9 m
Accumulated descent	594.7 m
Maximum height	2110.4 m
Minimal height	1556.3 m
Climb rate	9.4 %
Descent rate	8.77 %
Positive climb difference per km	41 m
Negative descent difference per km	41.13 m

Total time	3:29:44 h
Time in movement	3:13:09 h
Stopped time	0:16:35 h

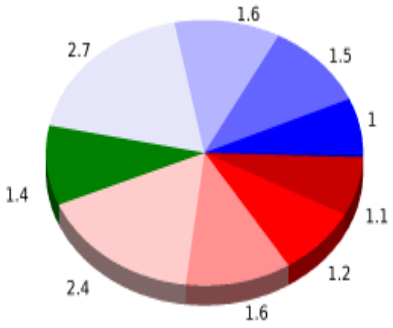
Total speed average	4.14 Km/h
Average speed in movement	4.49 Km/h
Maximum held speed	6.8 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	612 (cad. 23.63 m)
Significant points	353 (cad. 41.08 m / 57.68 %)
Aberrant points	0 (0 % d. total)

Direction changes per km	13.42
Direction changes >5° per km	8.71
Accumulated straight stretches	2.352 Km
Straight stretches per km	162.66 m
Penalizables slope changes	3
Penalizables slope changes per km	0.207

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Summary of slopes

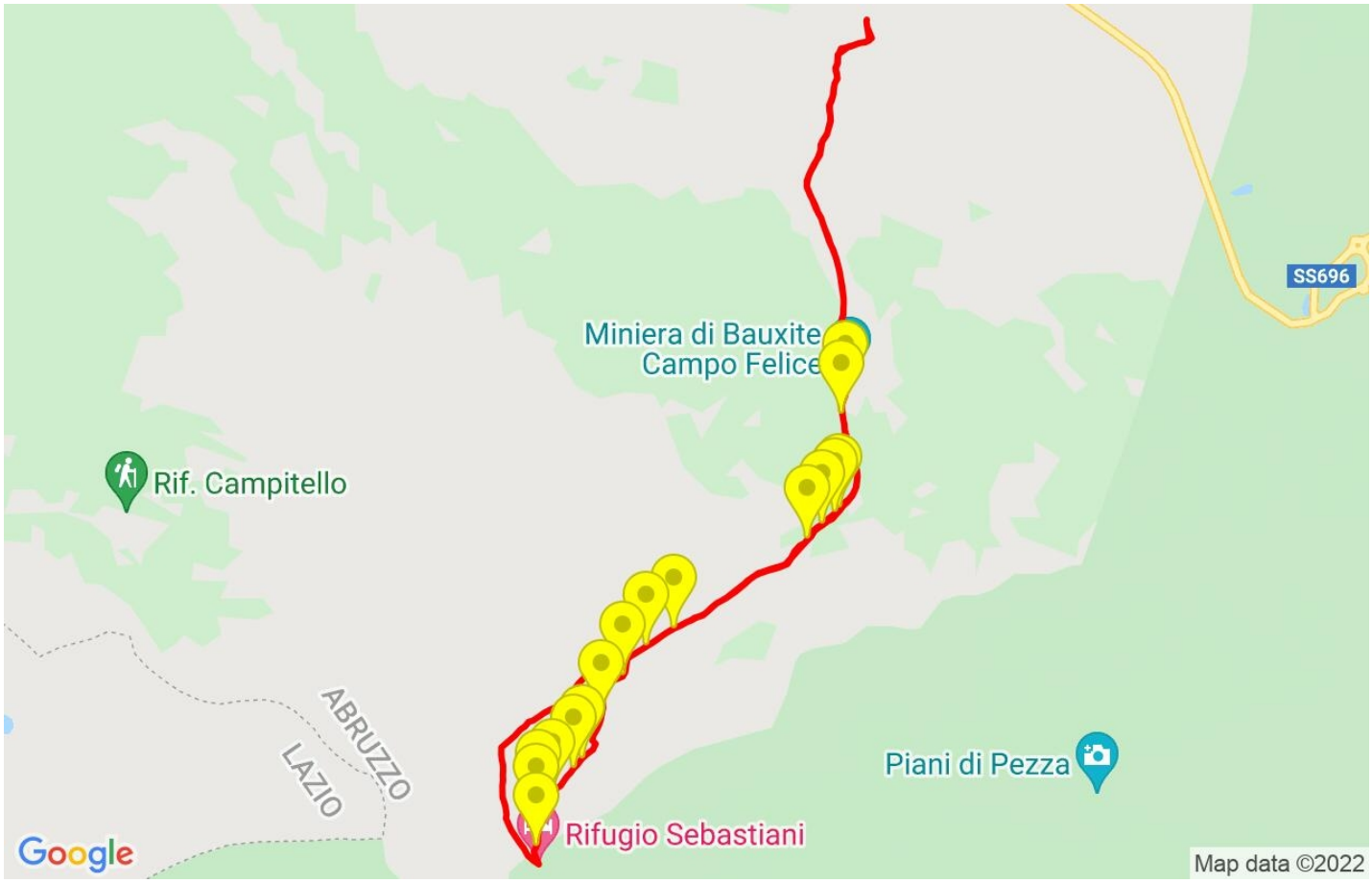


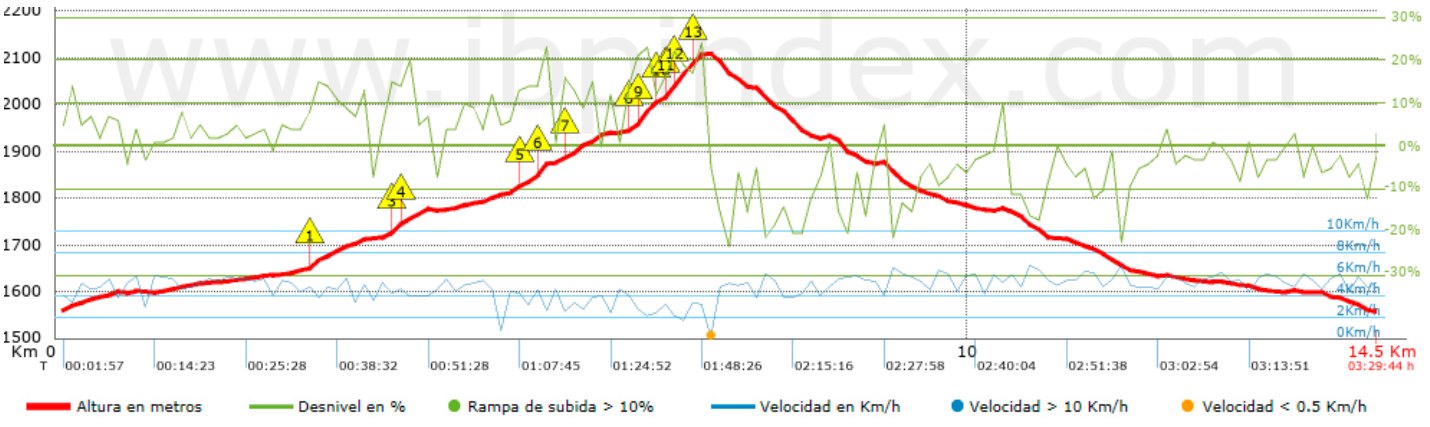
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0	0	0	0:00:00
	Between 15 and 30%	1.109	7.67	2.55	0:26:09
	Between 10 and 15%	1.195	8.27	3.86	0:18:36
	Between 5 and 10%	1.63	11.27	4.36	0:22:27
	Between 1 and 5%	2.374	16.42	4.96	0:28:44
	Total :	6.308	43.63	3.95	1:35:56
	Plain				
	Difference of 1%	1.371	9.48	4.84	0:17:00
	Breakdown descents				
	Between 1 and 5%	2.662	18.41	4.93	0:32:23
	Between 5 and 10%	1.606	11.1	5.2	0:18:31
	Between 10 and 15%	1.502	10.39	4.97	0:18:08
	Between 15 and 30%	1.011	6.99	5.42	0:11:11
	Between 30% and 55%	0	0	0	0:00:00
	Total :	6.781	46.89	5.07	1:20:13
	Total track :	14.46	100 %	4.49	3:13:09

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Track: 2022-02-24 Rifugio Sebastiani **Date: 24/02/2022**

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	2.811	11 %	137 m
2	3.636	15 %	41 m
3	3.676	16 %	119 m
4	3.796	14 %	144 m
5	5.039	14 %	219 m
6	5.257	20 %	122 m
7	5.541	13 %	330 m
8	6.238	14 %	85 m
9	6.322	22 %	226 m
10	6.548	12 %	123 m
11	6.671	26 %	96 m
12	6.767	23 %	206 m
13	6.974	28 %	39 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2000	1323.052	9.15	0:24:15	3.27	0:13:15	0:37:30	2.12
1750	5492.688	37.99	1:17:58	4.23	0:03:20	1:21:18	4.05
1500	7644.386	52.87	1:30:56	5.04		1:30:56	5.04
Total :	14.46 Km	100 %	3:13:09 h	4.49 Km/h	0:16:35 h	3:29:44 h	4.14 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
4.831	0:03:20	1806	1:01:04	1:01:04	4.831
7.087	0:13:15 > 10´	2110	1:49:18	0:48:14	2.257
Total :	0:16:35 h				

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